

TERMS AND CONDITIONS

1:1 - *Goals Accountability Blueprint* Training

Please read these Terms and Conditions carefully. You must agree to them before you enroll in this program.

PURPOSE

My online goals accountability training is here to help you non-overwhelm your process of setting and achieving goals. It's a friendly atmosphere of training, discussion, sharing ideas, and encouragement. I am not a medical provider. If you seek more robust training than this casual atmosphere provides, please ask your physician for advice in finding a more structured professional counseling environment.

YOUR LIFE COACH

I'm Kathie York, your Certified Goal Success Life Coach.

When it comes to setting and achieving goals in different environments, I've been there! I'm a small business owner, a former biology teacher, and a project manager. You're *not* looking for a course full of weird philosophies from a five-pound book no one wants to read. Right? Good! That's why I think you'll love the *Goals Accountability Blueprint*.

This live, online training experience provides a real-world, repeatable process for setting and achieving goals, no matter your season of life. It's my honor to lead you in this effort.

PARTICIPANT

You are here because you want to up your game when mapping out and reaching your goals. Great! You might be an employee 'working for the man,' a stay-at-home parent, or a small business owner. Who you are makes a difference in how you'll approach this program. But if you're looking for a live, supportive, non-judgmental (!) way to discuss setting and achieving goals ... you're in the right place.

Meetings

Unless otherwise agreed, there are seven 1-hour training sessions via online Zoom meetings. During these sessions, you and I (yep ... me, too!) will:

- Update each other on our goal's progress since the last session.
- Provide/accept constructive feedback.
- Receive/discuss homework or accountability tasks.

Program timing

We have worked together to ascertain the day of the week and the time of day for your sessions. You still agree that the date/time works for your schedule and that you can faithfully attend each training.

RULES

We must ensure our time together is productive and consistently working toward goal success. Please keep these program rules in mind as we progress through the training.

1. **ALL training is confidential and uses a unique, copyrighted curriculum.** No one outside our meetings shall have access to any information from the training.
[Please note: instruction occurs via online video. I cannot guarantee the security of the conferencing provider, our Internet hosts, or your personal network.]
2. No foul language.
3. You will complete all assigned homework and accountability tasks.
4. Please arrive about 5 minutes before meetings begin and disable all notifications.
5. Attend in a quiet, private environment (i.e., no noise or visible background activity, etc.)
6. Set your microphone to a level ensuring you can be clearly understood.
7. Our time together is place for honesty as we work through issues.

TECHNOLOGY

During this course, you will use computer skills beyond social media basics. These skills may include, but may not be limited to:

1. Accessing – and navigating within – an online meeting. This may involve:
 - Setting your microphone to an appropriate level, perhaps within the meeting software.
 - Having the ability to mute/unmute your mic and turn your video on and off.
 - Downloading links or documents from Chat.
2. Downloading, finding, and manipulating training documents on your computer.
3. Printing documents you'll complete as homework and use during our hands-on workshops.
4. Accessing our online team page via a private link and password.

(And if something here doesn't make sense, don't forget: kids or grandkids are *great* resources! 😊)

GUARANTEE

I guarantee I will work hard to help you succeed in this training and that you will be presented with my proven, copyrighted goal-setting process (which you can use again).

However, I have no control over your:

- Level of engagement with the curriculum or with me (your accountability partner!).
- Having the technical skills needed for success (See 'Technology' section, above.)
- Thoughtfully and promptly completing all course assignments.

I cannot guarantee you will achieve your #1 goal during our limited time together.

PAYMENT AND ACCEPTANCE OF TERMS AND CONDITIONS

Before being accepted to this program, you shall have:

1. Paid all participant fees in full (by credit card, USD).
2. Acknowledged your acceptance of this agreement's Terms and Conditions.

NOTE: Purchasing this course subscribes you to my monthly articles to help you non-overwhelm your biz or life. You can unsubscribe after completing your *Goals Accountability Blueprint* course... though I hope you won't!

As a subscriber, you are the first to learn about* new blog posts, offers, and training. I promise **not** to stuff your inbox or share your information.

If you unsubscribe before training completion, you might not receive course emails.

* Seriously, 'learn about' ... not get pressured to purchase anything!

See you soon!