

TERMS AND CONDITIONS

Group - *Goals Accountability Blueprint* Participant Agreement

Please read these Terms and Conditions carefully. You must agree to them before you enroll in this program.

PURPOSE

My online goals accountability group is here to help you non-overwhelm your process of setting and achieving goals. It's a friendly atmosphere of training, discussion, sharing ideas, and encouraging you during your program.

I am not a medical provider. If you seek more robust training than this casual atmosphere provides, please ask your physician for advice in finding a more structured professional counseling environment.

YOUR COACH

I'm Kathie York, your Certified Goal Success Life Coach.

When it comes to setting and achieving goals in different environments, I've been there! I'm a small business owner, a former biology teacher, and a project manager.

You're *not* looking for a course full of weird philosophies from a five-pound book no one wants to read. Right? Good! That's why I think you'll love the *Goals Accountability Blueprint*.

This live online group experience provides a real-world, repeatable process for setting and achieving goals, no matter your season of life. It's my honor to lead you in this team effort.

PARTICIPANTS

You are here because you want to up your game when mapping out and reaching your goals. Great! You might be an employee 'working for the man,' a stay-at-home parent, or a small business owner.

Who you are makes a difference in how you'll approach this program. But if you're looking for a live, supportive, non-judgmental (!) way to discuss setting and achieving goals ... you're in the right place.

Group meetings

There are seven 1-hour group training sessions via online Zoom meetings, with an optional Open Forum discussion time most weeks. During group training, you:

- Update your accountability partners on your goal's progress since the last session.
- Provide/accept constructive feedback.
- Discuss the homework and/or accountability task(s) assigned the previous week.
- Receive a task(s) to complete by the next group meeting.

Bonuses:

- **Open Forum:** This extra time with me – and team members who also wish to attend – immediately follows most training sessions. There is no new teaching here. It is bonus time to ask questions about a session or run ideas past your team. Attend or not, as your schedule permits. If they have purchased an ongoing support package, members of other cohorts might attend.
- **1:1 Session:** You can schedule a 1:1 half-hour online meeting with me, *available within your program's timeframe or up to one month after your initial Goals training ends.* Some students use this bonus to work on a new goal, while others want me to help them with a non-overwhelm step (from my book *Welcome to Non-Overwhelm: Conquering biz and life chaos ... starting today*). It's up to you how we use this time.

Program timeframe

Your group leader has worked with me to ascertain the day of the week and the time of day for your sessions. You agree with your leader that the date/time works for your schedule and that you can faithfully attend each training.

Timing (via online meetings)

Group Meetings: Unless agreed otherwise, each training lasts for 1 hour.

Open Forum: This half-hour of open discussion immediately follows most group meetings.

1:1 Session: You and I schedule this private online half-hour meeting individually.

RULES

Any participant may be removed from a group at my discretion. There shall be no refunds, and the member's access to the program terminates immediately.

1. **ALL training is confidential and uses a unique, copyrighted curriculum.** No one outside your group shall have access to any information from the group.
[Please note: instruction occurs via online video. I cannot guarantee the security of the conferencing provider, our Internet hosts, or your personal network.]
2. No foul language.
3. You will complete all assigned homework and accountability tasks.
4. Meetings begin and end on time. Please arrive about 5 minutes before the start.
5. Attend in a quiet, private environment (i.e., no noise or visible background activity, etc.)
6. Set your microphone to a level ensuring your team can hear you clearly.
7. Treat all participants professionally and respectfully.
8. Offer insights to your teammates and consider their insights for you.
9. Be truthful in the answers and guidance you provide to your team.

TECHNOLOGY

During this course, you will use computer skills beyond social media basics. These skills include, but may not be limited to:

1. Accessing – and navigating within – an online meeting. This may involve:
 - Setting your microphone to an appropriate level, perhaps within the meeting software.
 - Having the ability to mute/unmute your mic and turn your video on and off.
 - Downloading links or documents from Chat.
2. Downloading, finding, and manipulating training documents on your computer.
3. Printing documents you'll complete as homework and use during our hands-on workshops.
4. Accessing your team's online page via a private link and password.

(And if something here doesn't make sense ... kids or grandkids are good resources! 😊)

GUARANTEE

I guarantee I will work hard to help you succeed in this training and that you will be presented with my proven, copyrighted goal-setting process (which you can use again).

However, I have no control over your:

- Level of engagement with the curriculum or your accountability partners.
- Having the technical skills needed for success (See 'Technology' section.)
- Thoughtfully and promptly completing all course assignments.

I cannot guarantee you will achieve your #1 goal during our limited time together.

PAYMENT AND ACCEPTANCE OF TERMS AND CONDITIONS

Before being assigned to a training group, you shall have:

1. Paid all participant fees in full (by credit card, USD).
2. Acknowledged your acceptance of this agreement's Terms and Conditions.

NOTE: Purchasing this course subscribes you to my monthly articles to help you non-overwhelm your biz or life. You can unsubscribe after completing your *Goals Accountability Blueprint* course... though I hope you won't!

As a subscriber, you are the first to learn about* new blog posts, offers, and training. I promise **not** to stuff your inbox or share your information.

If you unsubscribe before course completion, you might not receive course emails.

* Seriously, 'learn about' ... not get pressured to purchase anything!

See you soon!