

TERMS & CONDITIONS

Core Group - *Goals Accountability Blueprint*

Please read these Terms & Conditions carefully. You must agree to them before enrolling.

Purpose

My online goals accountability training is here to help you non-overwhelm your process of *achieving* goals. I create a core group for each cohort (for example, “Entrepreneurs who have a seasonal business”) to help build camaraderie from the start. We have a friendly atmosphere of learning, discussion, and encouragement. I am not a medical provider. If you seek more robust training than this casual environment provides, please ask your physician for advice in finding more structured counseling.

Instructor

I’m Kathie York, your Goals Accountability instructor. When it comes to setting and achieving goals in different environments, I’ve been there! I’m a small business owner, a former biology teacher, and a project manager.

You’re not looking for a course full of weird philosophies from a five-pound book no one wants to read. Right? Good. That’s why I think you’ll love the *Goals Accountability Blueprint*.

This live, online training experience provides a real-world, repeatable process for setting and *achieving* goals, no matter your season of life. It’s my honor to lead you in this team effort.

Participant

You are here because you want to ‘up’ your game when mapping out and reaching your goals. If you’re looking for a live, supportive, non-judgmental way to discuss setting and achieving goals for your particular situation ... you’re in the right place.

Meetings

There are **seven** weekly 90-minute group training sessions via online meetings, with an optional Open Forum discussion time 6 of those weeks. During the training portion of each lesson, you will:

- Update your team (accountability partners) on your #1 goal’s progress.
- Provide/accept constructive feedback.
- Discuss the minimal homework and/or accountability task(s) assigned the previous week.
- Receive a task(s) to complete by the next meeting.

I suggest dedicating a 3-ring binder (with a front and back inside pocket) **to these lessons**. It’s essential to have your hand-written workshop responses available in one place for future reference.

Bonus ‘Open Forum’

This extra time with me – and team members who also wish to attend – immediately follows most training sessions. There is no new teaching here. It is bonus time to ask questions about a lesson or run ideas past us as your team. Attend as your schedule permits.

Program timeframe

You agree that the date/time for this particular group works for your schedule and that **you can faithfully attend each training.**

Group Meetings: The training portion of each session lasts for 90 minutes.

Open Forum: This optional half-hour Q&A immediately follows most group meetings.

Rules

Violating these rules can lead to termination of your training. There shall be no refunds, and your access to the program ends immediately. If you and I must solve a dispute through legal means, all in-person mediation and/or court appearances shall take place in Tippecanoe County, Indiana.

1. **ALL sessions are confidential and use my unique, copyrighted curriculum.** No one outside our meetings shall have access to discussions or other information in any form.

[Please note: instruction occurs online via a video meeting. I cannot guarantee the security or proper operation of the conferencing provider’s software, our Internet hosts, or your personal network.]

2. To attend, you must be a member of the core group assigned to this cohort.
3. No foul language.
4. You will complete all assigned homework and accountability tasks.
5. Arrive at least 5 minutes before meetings begin and disable all electronic notifications.
6. Attend in a quiet, private environment free of noise and visible background activity.
7. Set your microphone to a level ensuring you can be clearly understood.
8. You will:
 - a. Treat all participants with professionalism and respect.
 - b. Offer insights to your teammates and consider their insights for you.
 - c. Be truthful in the answers you provide to the team.

Technology

You will use computer skills beyond social media basics during this course. These skills may include but may not be limited to:

1. Accessing – and navigating within – an online video meeting. This may involve:
 - Setting your microphone to an appropriate level, perhaps within the meeting software.
 - Having the ability to mute/unmute your mic and temporarily turn your video on and off.
 - Downloading links or documents.
2. Finding, downloading, and manipulating training documents on your computer.
3. Printing documents you'll complete as homework and/or use during our hands-on workshops.

Guarantee

I guarantee I will work hard to help you succeed in this training and that you will be presented with my proven, copyrighted goal-setting process (which you can use repeatedly).

However, I have no control over and cannot guarantee your:

- Level of engagement with the curriculum or with your group (accountability partners).
- Having the technical skills needed for success (see 'Technology' section).
- Thoughtfully and promptly completing all course assignments.

I cannot guarantee you will achieve your #1 goal during our limited time together.

Payment and Acceptance of Terms & Conditions

Before being accepted into this program, you shall have:

1. Paid all participant fees in full (by credit card, USD).
2. Acknowledged your acceptance of this agreement's Terms & Conditions, including that you are part of the core group selected for this cohort.

NOTE: Purchasing this course auto-subscribes you to pre-course updates and my monthly articles to help you non-overwhelm your business or life. You can unsubscribe after completing your *Goals Accountability Blueprint* course ... though I hope you won't.

As a subscriber, you are the first to learn about* new blog posts, offers, and training. I promise **not** to stuff your inbox or share your information.

You might not receive course emails if you unsubscribe before instruction is complete.

* Seriously, 'learn about' ... not get pressured to purchase anything!

Questions? Please email me at kyork@kathieyork.com

I look forward to working with you during the *Goals Accountability Blueprint* training!

Kathie